

# 9/11 Attack

## Module 2: Loss of Psychosocial Resources

**Occasionally, major events like this can change the way people view themselves, other people, or the world in general.** How true are the following statements about you?

1. You feel less safe than you did before the disaster on September 11. Is this...

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

2. Compared to how you felt before the disaster, you feel less able to control the forces that will influence your life.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

3. You feel more pessimistic about the possibility of there ever being peace in the world.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

4. You feel more pessimistic about your own future well-being.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

5. You were disappointed in yourself because of things you felt, said, or did around the time of the crisis.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

6. You were disappointed by other people you were close to because of things they said or did -- or did not say or do—after the disaster.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

7. You have less faith in government's ability to protect you than you did before the disaster.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

8. There is at least one person whom you know that you like less than you used to because of things he or she said or did after the disaster.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

9. There is at least one person with whom you feel closer than you used to because of things he or she said or did after the disaster.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

10. You became less confident in your own abilities to cope with major crises.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

11. You were disappointed to find that someone you thought you could count on for support or assistance was not helpful to you when you needed him or her.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5

12. You honestly believe that you should have provided more emotional support or concrete assistance to other people than you were able to, and this has changed the way you think about yourself.

Not at all true	A little true	Somewhat true	Very true	Extremely true
1	2	3	4	5